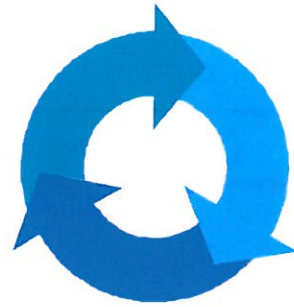


National Health Education Standards



1	CC	Students will comprehend concepts related to health promotion and disease prevention to enhance health.
2	INF	Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
3	AI	Students will demonstrate the ability to access valid information and products and services to enhance health.
4	IC	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
5	DM	Students will demonstrate the ability to use decision-making skills to enhance health.
6	GS	Students will demonstrate the ability to use goal-setting skills to enhance health.
7	SM	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce risks.
8	AV	Students will demonstrate the ability to advocate for personal, family and community health.



Health Education Standards and Assessment

Scoring Domains

Concepts

CC—Concepts

NHS #1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Health Content Areas Should Addressing the CDC-Identified Youth Risk Behaviors:

Alcohol and Other Drug Use

Tobacco Use

Poor Nutrition

Inadequate
Physical Activity

Injury and Violence
(Including Suicide)

Risky Sexual Behavior

Skills

INF—Influences, External and Internal

NHS #2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

AI—Accessing Information

NHS #3: Students will demonstrate the ability to access valid information, products and services to enhance health.

IC—Interpersonal Communication

NHS #4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

DM— Decision-making

NHS #5: Students will demonstrate the ability to use decision-making skills to enhance health.

GS— Goal Setting

NHS #6: Students will demonstrate the ability to use goal setting skills to enhance health.

SM—Self-Management

NHS #7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

AV—Advocacy

NHS #8: Students will demonstrate the ability to advocate for personal, family, and community health.

NHS = National Health Standard