

Comprehensive Health High School

Advocating for personal and community health

Internal, cultural, media, economic, political, and/or legal influences

violence

Advocacy for the health and safety of others

Goal setting for wellness

Effective communication strategies

Strategies for managing health

maintaining an alcohol and drug-free lifestyle

improving food choices for healthier diet

demonstrating tolerance for differences

avoiding riding in a car with someone who has been using alcohol or drugs

stopping or preventing violence

people who are in danger of harming themselves or others

mental and emotional problems

pressure to engage in violence

unhealthy situations or relationships

alcohol, tobacco, and other drugs

pressure to engage in violence

preventing conflicts from starting or escalating

resolving conflicts nonviolently

defining healthy relationships

dealing with stress

avoiding and reducing risk for STDs and pregnancy

KEY:

- Unifying Theme
- Organizing Concept
- Supporting Concept
- Explicit Connection
- Supporting Connection

ICON KEY: Prepared Graduate Competencies

- Healthy Eating
- Sexual Health
- Health Promotion
- Emotional and Social Wellness
- Alcohol, Tobacco, and Drug Prevention
- Violence-free Relationships
- Safety

alcohol, tobacco, and other drug use

relationships and sexual health decisions

food choices, weight management products, and body image

prejudice, discrimination, bias, racism, sexism, and hate crimes

power and control differences in relationships

self harm

emotional and physical abuse

personal, family, and community wellness

reducing biking and driving injury risks

abstaining from alcohol, tobacco, and other drugs

promoting others' needs and rights

ensuring a positive and respectful school environment

making changes that would increase safety

making healthy choices about sexual activity and testing