**Health Advisory Meeting**

**September 30, 2014**

**Welcome:**

We all work together as a District Health Advisory Committee.

ASCD has moved from the 8 components of Coordinated School Health to the WSCC

Whole Student, Whole Community, Whole Child with 10 components.

 We need to have representation of all 10 components on our Health Advisory Committee

 Introductions and where one fits within the model:

 Katrina Ruggles , Health Co-Coordinator, counselor,educator

Marsha Felmlee, Health Co-coordinator, support all components

Carla Smith, Health Education Elementary

Jeri Trujillo, Family engagement

 Marie Archuleta, Family engagement

Susie Stiens, Employee Wellness/community

Paul Basille, Capacity building, resources

Carly Meminger, Capacity Building, resources

Brenda Padilla, Family Engagement

Della Duran, Health Services, community involvement

Adele Alfson, Counseling

Jose Cholula Counseling

Susan Banning, Social and health services and nutrition

Alice Burch, direct health services coordinate social emotional health ed

Sarah Vance, employee wellness, climate, family engagement

Kathy Kulp, facilator between components

Kevin Jones, climate, staff wellness environment

Christy Mikeljack, social emotional wellness climate

Annie Rice, health ed and physical ed and employee wellness

Luis Murillo, social and emotional climate, family engagement

 Tim Sanchez, Health Ed, physical ed and staff wellness

 George Welsh touches on all of them

 Andy Hawkins, elementary PE and staff wellness.

**MOU’s**

**Mission Statement:**

“To promote through education and modeling the physical, emotional, intellectual, and social well-being of the school and community to enable all to reach their fullest potential.”

**GRANTS:**

* Comprehensive Health Education: $20,000
* Healthy Schools Success Students: $50,000

WSCC, Brain based, healthy snacks

* CDI Healthy Schools Grant: $10,000

Staff Wellness

* CEI Behavioral Health Grant: $5,000

Mental Health training adolescents, dental screenings and follow up

* Colorado Health Foundation: $50,000

Kids eating more fruits and vegetables, staff wellness

* EARSS: $244,580

Behavior, at risk students

* Colorado Counselor Corps Grant: $77,018

ICAPS

* AmeriCorps State: $162,052

Currently have 5 members hired can higher 6 more.

Applied for and waiting to hear on

* School Health Professionals Grant
* CEI Allies Grant
* Friends First STARS Grant

Read the UIP Goals – see attached

* Students commented that salads were watery so a large salad spinner was purchased for the cafeteria.

**Trainings**

Bullying, October 16th for staff training

Peer mediators – bullying training.

Leadership group, Link crew. Leadership training.

Allies club

Bionics club to welcome new kids to be here

Up Standers partnership

Climate data – less bullying then other schools.

Teach the kids how to be upstanders, leaderships

Kids don’t always tell teachers what is going on.

**HELM and AIM taskforce**

For middle school

Assess what promising practice we have in place and what we do not have in place.

Help kids eat healthier and move more.

First meeting October 13th after school. Meet 7 times, 3 this semester and 4 next semester.

Make as simple and easy as possible.

**Structures Recess for Elementary**

 Andy interested in developing a structured recess program.

**PALS** – Andy – physical activity leader

60 minutes of activity in the day, what we are lacking and what we can do to improve

Pick a committee and address all three schools.

Asking for a small committee to look at our current activities. Go through the PAL website should only take five to ten minutes to assess. How many brain breaks, before after and recess. How much overall time they are actually involved in activities. If possible have a parent run the activities for 15 minutes to keep kids activity.

Discussion around the play ground equipment and who is responsible for fixing.

Who’s responsibility is it to keep the playground fixed? We need to keep it fixed. We need stronger equipment. Who is in charge? Have the students figure out the way to get the balls back. Have a committee. Could this be an AIM problem? Make them responsible.

Annie Rice said she would order equipment if she was told what was needed.

**Smart Snacks**

Rules for smart snacks Katrina said what was in the booklets handed out.

Several questions brought up about classroom parties, what parents bring to school, the Wellness policy needs reviewed. Signs for the cafeteria need put back up.

We ran out of time and the meeting was adjourned at 1:30pm

Attachments:

UIP Goals