

Comprehensive Health Eighth Grade

Ensuring the health and safety of self and others

Signs and consequences

alcohol, tobacco, and drug use

performance-enhancing drugs

weight-loss products

addictions and treatment

effect on other risk behaviors, including sexual activity

sexual harassment

benefits, effectiveness, and side effects of abstinence, condoms, and contraceptives

transmission and symptoms of STDs

vaccinations and treatments for STDs

Interpersonal communication

advocate for a positive and respectful school environment

prevent or stop bullying as a bystander, perpetrator, or victim

report rape and sexual assault

peer resistance skills and personal boundary behavior

support for abstinence

access help for mental and emotional health problems

refuse pressure to engage in unwanted verbal, physical, and sexual activity and advances

Valid and invalid sources of information about alcohol, tobacco, and other drugs

Media, cultural, environmental, lifestyle, and/or internal influences

feelings, emotions, and choices

use or nonuse of alcohol, tobacco, and other drugs

violence

stereotypes on mental and emotional problems and their influence on seeking help

health status

Strategies for healthy decisions

avoid situations with alcohol, tobacco, and other drugs use

develop personal standards for dating

minimize negative influences on mental, emotional, and sexual health

express intentions to be alcohol, tobacco, and drug free

KEY:

Unifying Theme

Organizing Concept

Supporting Concept

Explicit Connection

Supporting Connection

ICON KEY: Prepared Graduate Competencies

Healthy Eating

Sexual Health

Health Promotion

Emotional and Social Wellness

Alcohol, Tobacco, and Drug Prevention

Violence-free Relationships

Safety